

2010-2011 School Year PE Uniform Requirements 6th, 7th & 8th grade

Dear Parents and Students,

For the upcoming school year all middle school students are required to dress out before PE classes.

The outfit must consist of the following items:

- SHOES: tennis shoes, NO slip-ons,
- SHORTS: navy blue, black or gray shorts, the length of the shorts has to follow MDS School's uniform code according to the handbook
- T-SHIRT: navy blue, gray, or white T-shirt, NO tank-tops
- SWEATPANTS: navy blue, gray or black sweats
- NO LOGOS allowed!



Changing out to proper attire makes PE safer, improves students' attempts, and enhances the commitment to better fitness and health.

Those students who do not dress out or wear the appropriate PE uniform cannot participate in class and their grade will reflect the lack of effort and participation for that day.

Everyone will be allowed 5 minutes to change before and after Physical Education classes.

Students need to bring their PE uniform on the first day of school in August.

Thank you for your support and cooperation. Have a wonderful summer!

Anita Leonard
7th Grade Homeroom, Literature & Writing,
Physical Education